

Performance indicator

Evidence must be provided that:

- a situations in which individuals may require personal help and support are identified
- b our own personal influence on individuals is recognised and a commitment to using it constructively to assist others is demonstrated
- c the principles of basic counselling are applied appropriately.

Evidence should include:

- some form of documentary or verbal evidence of counselling

NB This is an extremely sensitive area and evidence will therefore be treated in the utmost confidence. If the circumstances prevent the person being counselled from providing evidence, then you can write a written account of the counselling that took place, which you can suitably de-personalise.

Possible sources of evidence of performance

- N/A

Underpinning knowledge and understanding

Candidates who demonstrate competence should be able to meet the following requirements:

- 1 Discuss the ethics of counselling.
- 2 State the importance of listening skills.
- 3 Describe the principles of basic counselling.
- 4 Explain the need for referrals and list possible agencies that would be able to help people.

Evidence could also include:

- evidence from others who know you or the person counselled
- appropriate referral list of individuals or agencies.

Possible sources of knowledge and understanding

- N/A